



## MENTAL HEALTH RISK ASSESSMENT

### EAP Plus

#### WHAT IS EAP PLUS?

Converge International provides your staff with access to our Employee Assistance Program (EAP) services via our 1300 687 327 phone line. We call this 'self-referred' because usually your employee makes the call themselves to access the service. An EAP is voluntary and fully confidential.

Sometimes an employee may need further assessment or support beyond that provided under your EAP. This is where the EAP Plus service may offer an ideal solution. You may elect to refer staff to Converge International for a range of manager-referred wellbeing assessment and support services.

In this flyer, we will introduce the EAP Plus Mental Health Risk Assessment.

#### OVERVIEW

A thorough examination through both psychometric assessment and a detailed interview to identify areas of potential risk. This service is deployed when an employee's behaviour is noted to be unusual, for example, increased absenteeism, being emotional at work or changed behaviour. This service is also offered for those when there has been a significant incident in the workplace, there is disruptive change to the work environment or as a support for people who work in high risk occupations.

#### WHAT IS A MENTAL HEALTH RISK ASSESSMENT?

There are many influences both inside and outside of the work place that can impact a person's mental health. Converge International's Mental Health Risk Assessment aims to examine specific areas of risk to ensure employees are safe and supported in the workplace.

This assessment incorporates a comprehensive psychometric assessment followed by a detailed interview with the employee to explore risks of present or deteriorating mental health. A thorough report combining all elements of information can be prepared for the organisation with recommendations for on-going support of the employee. Alternatively, the findings may be kept in confidence between the employee and Converge International.

#### HOW DOES THE MENTAL HEALTH RISK ASSESSMENT SUPPORT YOUR STAFF?

This assessment provides information in the psychometric appraisal that may not have been articulated or understood by the employee. Not only are areas of risk identified, this assessment also rates the degree of risk. The appraisal enables intervention before an incident; such as a workplace accident, depression, PTSD etc occurs.

#### HOW CAN YOUR STAFF ACCESS THIS SERVICE?

As this is an 'EAP Plus' service, all staff accessing the Mental Health Risk Assessment will be referred by their employer. All staff attendance and participation in this service is voluntary and underpinned by necessary consenting provisions at the time of referral. An online referral form can be accessed here:

[www.convergeinternational.com.au/EAPPlus](http://www.convergeinternational.com.au/EAPPlus)

#### LEARN MORE ABOUT CONVERGE INTERNATIONAL'S EAP PLUS SERVICES

You can find out more about EAP Plus services by speaking with your Converge International Client Relationship Manager.



MORE  
INFORMATION

T 1300 687 327  
E [eapplus@convergeintl.com.au](mailto:eapplus@convergeintl.com.au)  
[convergeinternational.com.au](http://convergeinternational.com.au)